

Sammy "The Bull" Henson is coming to Gomez wrestling Academy for an intensive wrestling camp before Northern Plains.

Sammy Henson

- Assistant Head Wrestling Coach at The University of Oklahoma
- 2000 Olympic Silver Medalist
- World Champion
- World Bronze Medalist
- 2 X NCAA Champion Clemson University (71-0)

Coach Sammie Henson also trains elite wrestlers such as:

- Numerous Big 12, Big 10, Pac 10, and NCAA All-Americans
- Sam Hazewinkel / The University of Oklahoma Sunkist Champion, US Team Member, NCAA Finalist, & Big 12 Champion
- Danny Felix / Arizona State University All - American, US National Team Member, & World Team Member
- Matt Azevedo / Iowa State University US Open Champion & Outstanding Wrestler
- Travis Paulson / Iowa State University NCAA Champion, & US National Team Member
- Trent Paulson / Iowa State University NCAA Champion, & World Team Member
- Michael Lightner / The University of Oklahoma NCAA Champion, & World Team Member
- Chad Mendes / Cal Poly University NCAA Finalist, & MMA Fighter
- Paul Donahoe / The University of Nebraska NCAA Champion
- UFC Champion Chuck "the iceman" Liddell / Cal P
- Scott Lighty K-1 Champion, & MMA Fighter

Where:

Gomez Wrestling Academy
361 Randy Road Unit 105 630-816-9727 email: Hector@gomezwrestling.com
Carol Stream, IL 60188

Cost:

-LIMITED TO THE FIRST 25 WRESTLER (PRE-REGISTRATION ONLY)
-\$125 per wrestler

Dates and Schedule:

Friday June 3, 2011
- 5:30-7:00PM Technique
- 8:00-9:45PM Live

Saturday June 4, 2011
- 9:00-11:00AM Technique
- 1:00- 3:00PM Live

Sunday, June 5, 2011
- 9:00-11:00AM Technique
- 3 mile run **BRING RUNNING SHOES**

If you have any questions please contact Hector Gomez @ 630-816-9727